

ALLERGY & ASTHMA SOLUTIONS

WITHHOLDING MEDICATIONS PRIOR TO SKIN TESTING

STOP 2 WEEKS BEFORE SKIN TESTING

Antidepressants like Doxepin Amitriptyline (Elavil), Clomipramine (Anafranil), Doxepin (Sinequan), Imipramine (Tofranil), Trimipramine (Surmontil), Amoxapine (Asendin), Desipramine, (Nurpramin), Nurtiptryline (Pamelor, Aventyl), Protriptyline (Vivactil), Maprotiline (Ludiomil), Mirtazapine (Remeron), Trazodone (Desyrel), Nefazadone (Serzone)

STOP 7 DAYS BEFORE SKIN TESTING

Allegra	Hydroxyzine (Atarax, Vistaril)
Claritin	Alprazolam (Xanax)
Clarinet	Clonazepam (Klonopin)
Zyrtec	
Astelin	

STOP 3 DAYS BEFORE SKIN TESTING

All over-the-counter antihistamines (Benadryl, Tylenol Allergy, Chlor-trimeton and others)

Bromfed	Optimine
Drizoral	Omade
Deconamine	Periactien (cyproheptadine)
Demazine repetabs	Phenergan
Dimetane	Dimetapp
Poloramine	Rondec Rutuss II
Disophrol	Dristan
Pyrivenzamine (PBZ)	Tacaryl
Isoclor	Tavist
Naldecon	Teldrin
Novafed A	Triaminic
Novahistine	Trinalin
Vistaril	

All antihistamine eye drops (Optivar, Elestat, Patanol, Zaditor, Emadine, Livostin)

STOP 1 DAY BEFORE SKIN TESTING

Antacids (Zantac, Tagamet, Pepsid), Prevacid, Aciphex, Nexium and Singulair

Nasal steroid sprays (Nasonex, Rhinocort, Flonase, Veramyst **may be continued**)

All asthma medications should be continued (Advair, Pulmicort, Qvar, Asmanex etc)